

For today this is what we did:



We made playdough- My 9-year- old followed the instructions independently and made his own while I helped the younger two. He followed directions wonderfully, including the cooking part and made fabulous playdough. I didn't follow directions correctly (let's pretend that was on purpose) and the playdough was too slimy & sticky. We didn't want to add flour yet because we knew heat changes its consistency and wanted to try that first as per instructions.

We tried heating it again and that didn't work. The girls were frustrated that it was sticking to their fingers. I kneaded it while Leeor sprinkled flour on the playdough, finally making it the consistency we were looking for. We spoke about the two different things that we saw changed the consistency: heat and more flour. They began playing. They played with the playdough for so long that we decided to be flexible.



Although, I helped them make the playdough I had nothing to do with how they played with it. Occasionally, I'd add something else that may be useful like Popsicle sticks, caps or shapes (all materials we had at home.) This was completely self-directed.

They helped me clean it up. They each had their own developmentally appropriate clean up chore. Tom put the ingredients away, while Leeor put the playdough loose parts back in the bag, Leila washed the table. Then Leeor volunteered to sweep.

Healthy Snack time- apples.

Normally, we would go outside but it was raining pretty hard, so they danced and followed the steps to "Go Noodle" for 45 minutes.

After 'Go Noodle' we did some work with letters. Leila colored in the letter A and B and drew something that began with that letter and then told me a story about that picture.



Her stories are fabulous. Maybe I will share them in another blog!  
Leor wrote the alphabet on cards while Tom picked out 10 items for her to spell. She then used the cards to spell out the items he brought. He had to make additional letters based on the items he chose.

At around 12:20 we ate lunch and they helped clean up.

1:20 SCREEN TIME Tom and Leor played Mario Cart and Leila sat to watch Life of Pets (aka mom blog time)

2:45 -4:00 Outdoor, free play time. Riding their bikes in the puddles, they got too wet and then too cold, so they came back in to get dry! They asked for the playdough again!

4:00-5:00 We spent 45 minutes reading and telling stories. Leor read 139 pages in the My Biscuits series. Fantastic!

5:00-5:30 Help dad cook and get ready for dinner or do creative artwork or play

More for you tomorrow! Inspire. Play. Explore.

Make sure to include ample outdoor time and self-directed play time!